

If you get any side effects talk to your doctor. You can also report side effects at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard).

**Active Ingredients: (w/w)**

2-Hydroxyethyl salicylate 5.0%, Ethyl salicylate 5.0%, Methyl nicotinate 1.6%, Methyl salicylate 1.0%  
**Also contains:** Propan-2-ol, Butane

**Keep all medicines out of the sight and reach of children.** Store below 25°C. Do not use after the 'Use by' date shown on the bottom of the can. Ask your pharmacist how to dispose of medicines no longer required.

**Warning:** Danger. Pressurised container. Do not pierce or burn even after use. Protect from sunlight. Do not expose to temperatures exceeding 50°C/122°F. Keep away from heat/sparks/open flames/hot surfaces - No smoking. Do not spray on an open flame or other ignition source.



**210**   
D1007-2

**EXTREMELY  
FLAMMABLE**

**100g 150 ml e**

Manufacturer  
and MA holder  
The Mentholatum Co. Ltd.  
East Kilbride G74 5PE, UK.

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PL00189/0012



# DEEP HEAT

## Pain Relief Spray

### Effective Relief

from rheumatic pain, muscular  
aches and strains



**Deep Heat Pain Relief Spray** is a pain relieving, warming spray. It is recommended for the relief of pain in muscles, tendons, joints or bones, lower back and thigh pain, sprains or strains. It can be used before and after exercise.

**Directions for use:**

**Adults and children over 5 years only.**

- Use only on your skin.
- Always try on a small area first and use sparingly.
- Shake can well before use.
- Hold the nozzle not less than 15cm (6") from the site of pain and spray in 2-3 short bursts. Massage is not required. Protect the face when spraying around the neck/shoulders.
- Repeat up to 3 times per day.
- Wash your hands after use.
- Do not inhale.

**If symptoms persist consult your doctor.**

**Caution:**

**Do not use:**

- if you are allergic to any of the ingredients
- if you are allergic to pain relievers such as aspirin, ibuprofen or other anti-inflammatories
- on children under 5 years old
- on broken skin, your eyes or other sensitive areas of skin

**See your doctor before use:** if you are

- pregnant • breast feeding • asthmatic
- taking medicines that thin the blood, prevent clots (e.g. aspirin) or any other prescribed medicines.

**Stop using** if excessive irritation, allergic reaction or other unwanted effects occur. Skin burns, blisters and temporary skin redness, rashes or burning sensation may occur.

Some people may experience discomfort, particularly those with sensitive skin or if used in hot weather/after a hot bath.